WHAT IS CLAIMED IS:

- 1. A single crystal ceramic material for optical and optoelectronic applications, comprising a single crystal spinel having a general formula aAD·bE₂D₃, wherein A is selected from the group consisting of Mg, Ca, Zn, Mn, Ba, Sr, Cd, Fe, and combinations thereof, E is selected from the group consisting Al, In, Cr, Sc, Lu, Fe, and combinations thereof, and D is selected from the group consisting O, S, Se, and combinations thereof, wherein a ratio b:a > 1:1 such that the spinel is rich in E₂D₃, and the single crystal spinel is formed by a melt process.
- 2. The material of claim 1, wherein A is Mg, D is O, and E is Al, such that the single crystal spinel has the formula aMgO•bAl₂O₃.
- 3. The material of claim 1, wherein the single crystal spinel is grown from a melt provided in a crucible.
- 4. The material of claim 1, wherein the material has a lower mechanical stress and strain compared to stoichiometric spinel.
- 5. The material of claim 1, wherein the material consists essentially of a single phase of said spinel, with substantially no secondary crystalline phases.
 - 6. The material of claim 1, wherein b:a is not less than about 1.2:1.
 - 7. The material of claim 1, wherein b:a is not less than about 1.5:1.
 - 8. The material of claim 1, wherein b:a is not less than about 2.0:1.
- 9. The material of claim 1, further comprising Co, wherein the ceramic material forms a saturable absorber Q-switch.

- 10. The material of claim 9, wherein the saturable absorber Q-switch has a formula Mg_{1-x}Co_xAl_yO_z where x is greater than 0 and less than about 1, y is greater than 2 and less than about 8, and z is between about 4 and about 13, said single crystal having tetrahedral and octahedral positions, and wherein most of the magnesium and cobalt occupy tetrahedral positions.
 - 11 A method of forming a monocrystalline spinel material, comprising: forming a melt; and
 - growing a spinel single crystal from the melt, the single crystal spinel having a general formula $aAD \cdot bE_2D_3$, wherein A is selected from the group consisting of Mg, Ca, Zn, Mn, Ba, Sr, Cd, Fe, and combinations thereof, E is selected from the group consisting Al, In, Cr, Sc, Lu, Fe, and combinations thereof, and D is selected from the group consisting O, S, Se, and combinations thereof, wherein a ratio b:a > 1:1 such that the spinel single crystal is rich in E_2D_3 .
- 12. The material of claim 11, wherein A is Mg, D is O, and E is Al, such that the single crystal spinel has the formula aMgO•bAl₂O₃.
 - 13. The material of claim 11, wherein b:a is not less than about 1.5:1.
 - 14. The method of claim 11, wherein the melt is provided in a crucible.
- 15. The method of claim 11, wherein the single crystal is grown by contacting a seed crystal with the melt.
- 16. The method of claim 15, wherein the seed crystal and the melt are rotated with respect to each other during growing.
- 17. The method of claim 16, wherein rotation is carried out at a rate within a range of about 2 to about 12 rpms.

- 18. The method of claim 15, wherein the seed crystal is withdrawn from the melt within a range of about 0.04 inches/hour to about 0.1 inches/hour.
- 19. The method of claim 11, wherein A is Mg, D is O, and E is Al, the spinel single crystal further includes Co, and the spinel single crystal forms a saturable absorber Q-switch.
- 20. The method of claim 19, wherein a molar ratio of Mg:Co:Al of the spinel is (1-x):x:y, where x is greater than 0 and less than about 1, and y is greater than 2 and less than about 8.
- 21. The method of claim 11, wherein the melt is heated to a temperature greater than about 2150 °C.